

# The DNA of Life Groups<sup>1</sup>

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## **Disciple (Develop Faithful Disciples and Leaders)**

- Intentionally encourage discipleship relationships within group
- Ask members to share how they have been impacted by one-on-one discipleship
- Share responsibilities to lead, host, organize prayer time, lead worship, etc.
- Encourage participation and involvement
- Strive to connect people within the group that could meet together later
- Keep an eye on developing leaders
- Prepare group in advance for faithful study and application

## **Nurture: (Pursue Fellowship and Member Care)**

- Invite someone from LG to your home between Sundays
- Rejoice or mourn with others as appropriate (via text, coffee, face-to-face, presence, etc.)
- Provide meals when needed (health issues, births, extenuating circumstances, etc.)
- Host and attend showers, significant events, and “big” moments when invited and available
- Share tasks w/others (email requests, singing, organizing meals, contacting missionaries, etc.)
- Essentially, encourage your group to be a “First Responder” to another person’s need within LG
- Strive to listen, anticipate needs, and encourage “one another” daily

## **Accountability: (Emphasize Prayer, Biblical Application, & Intentional Follow-up)**

- Think through application for all ages
- Ask, “How might this passage influence your thoughts, plans, interactions, schedule this week?”
- Send application/discussion questions to group ahead of time (limit to two or three)
- Occasionally break into gender groups (encourage accountability)

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<sup>1</sup> Adapted from FBC Durham.

- Consider having 1-2 adults on rotation to lead a kids group (from K to high school)
- Take a week to only focus on Scripture prayers (Paul's epistles, the Psalms, etc.)
- Spend time in prayer, not just requests (have group send prayer requests ahead of time)
- Allow time for prayer in the planning of your lesson and discussion
- Delegate an individual to pray specifically and follow-up with that person through the week
- Remind group of past prayer requests and observe/rejoice with how God answers